

DIETARY INTOLERANCES/ALLERGIES IN CHILDREN POLICY

Background

In order to provide a healthy, safe menu of snack options for our children at playgroup we will seek suggestions from our parents and staff and ensure that these options are suitable for all children attending. Any intolerances/allergies advised at registration will be recorded and discussed with parents in relation to the menu we offer.

<u>Aim</u>

To provide a safe, healthy menu for our children attending playgroup, taking into consideration allergies and intolerances and where we can, meet those needs.

Responsibilities and roles of the Committee, Manager and Staff

All allergies/intolerances are advised at registration by parent/carer. These are recorded and a full discussion of parental expectations undertaken.

Staff and volunteers will be advised of allergies and intolerances and if necessary extra information given to raise awareness and broaden knowledge.

Our menu will be discussed with parents to assess suitability and if necessary the child may wish to bring in own snack.

We have a quick reference/reminder guide within our Contact Details Black Box and also our Parental Snack Rota folder of children with intolerances. This folder is completed every day prior to snack being prepared and both playgroup staff and parents are aware of children attending and their needs. We have also highlighted in our daily Register, children with food intolerances/allergies, as well as medical conditions in order to plan our day efficiently.

Our Manager and/or staff are present during snack time to ensure children are given appropriate foods.

If a child is given foods they may have a reaction to in error, this will be discussed with the parent and written into our Incident folder.

Signed: Chairperson

Signed: Manager Date: 07/02/13